



**YOUTH FOR TROOPS**

**CARE PACKING EVENT**  
2<sup>nd</sup> Monday Each Month  
5:30-7:00 PM  
Outlets at Anthem

**Community Service Project**  
Family-friendly, all ages welcome!



**FOOD CARE PACKAGE**

**ITEMS:**

- Granola Bars
- Trail Mix
- Chips
- Cookies
- Pretzels
- Dried Fruit
- Nuts
- PopTarts
- Sunflower Seeds
- Soup Mix
- Canned Soup- (Soup on the Go/Microwave Bowls)
- Top Ramen
- Canned Pasta- (Single Bowls/Pop Top)
- Peanut Butter – (Single Serve)**

- Tuna Packets/Kits
- Chicken Packets/Kits
- Salmon Packets/Small Cans
- Beef Jerky**
- Instant Oatmeal Packets
- Drink Mix Singles
- Coffee Singles**
- Tea Bags (individ. wrapped)
- Hot Chocolate Packets
- Candy/Mints/Gum**
- Tabasco Sauce 2 oz.
- Condiments: Hot Sauce, Mustard, Relish, Ketchup, Honey, Syrup, Jelly, Mayo, Dry Creamer, Sugar, Salt, Pepper, Sweetener



**HYGIENE PACKAGE ITEMS: Travel Size**

- Lip Balm
- Artificial Tears (sun/dust)
- Foot Powder- Travel Size**
- Deodorant- Travel Size**
- Toothpaste Travel Size**
- Dental Floss/Picks- Individ. wrapped
- Mouthwash- Travel Size**
- Body Wash- Travel Size**
- Shampoo- Travel Size**
- Conditioner- Travel Size**
- Kleenex- Travel Size
- Plastic Bandages
- Baby Wipes**
- Antiseptic Wipes
- Advil - Travel Size
- Pepto Bismol – Travel Size
- Cough Drops
- Razors
- Hand Warmers

**ENTERTAINMENT ITEMS:**

- Magazines (new or used)
- DVDs
- Travel Games
- Puzzle Books**
- Books- Paperback Only
- Playing Cards**

**PACKING SUPPLIES:**

- Resealable Quart Bags
- Resealable Gallon Bags
- Resealable Sandwich Bags
- Resealable Snack Bags
- Sharpies
- Patriotic Stickers
- Trash Bags
- Large Plastic Bins w/Lids



**\*Low Supply of Items\***

